

Winton Primary Curriculum Map for PE

This Curriculum Map outlines how the national curriculum for PE will be delivered for children at Winton Primary.

Each KS1 class has two 45 minutes lessons per week, and each KS2 class has one 120 minute class per week. In addition, some classes have a one-hour swimming class every other Friday (as shown in the table below). For KS1, one class per week will be taken by the SCIS Coach and the other by the class teacher. All KS2 PE is taken by SCIS. The 120 minute KS2 classes will be split into two PE subjects, so all classes across the school will study two PE subject areas per term. The subjects taught by SCIS are in red in the table below, and the subjects in blue are to be taught by the class teacher.

Each term, each class shall study one lesson of Dance, Gymnastics or Athletics. The other lesson each term will relate to age-appropriate ball games, which may start as simple throwing and catching in year 1 all the way up to small-sided invasion games in year 6.

Two key methods of delivering PE within this curriculum will be:

The Carousel approach: This is where small groups of children move round "stations" of activities. Most of these activities will relate directly to the subject area, although some stations may re-visit previous terms learning. Some stations may have the single purpose of raising heart rates and providing sustained physical activity. It is hoped that teachers and coaches will learn to plan varied and simple stations, some of which can be repeated from week to week, while new stations are brought into the lessons when the pupils are ready.

Small-sided games: In KS2 in particular, small and modified versions of games will become common, especially in the second half of the term. These will typically involve teams of 3 or 4 children competing against each other. Because of the size of the Winton sports hall, it is expected that these small-sided games will be set-up such that several games can happen at once, and there will be very little spectating time per child in PE. The Curriculum Map below is deliberately vague on which sports to include in which term, in order to encourage the teacher or coach to deliver PE lessons which include a variety of different games. For example, it would be good to see PE lessons involving small-sided games of basketball, hockey, football and tag rugby – all happening side-by-side in the same lesson (in the invasion games term). The Carousel approach described above can be used to run small-sided games PE lessons.

The document Guidelines for PE at Winton should be the teachers and coaches main guide in how to plan and deliver PE lessons within this curriculum. The Guidelines document sets out what is expected from a PE lesson, with particular focus on Active Learning Time – getting children learning by being physically involved in lessons. There are tips in the Guidelines on how to plan and deliver more physically active PE lessons, and also how to run Carousel lessons for PE.

	Autumn 1/2	Spring 1/2		Summer 1/2
Year 1	Dance (SCIS) Throwing and catching (CT)	Gymnastics (SCIS) Pair skills (CT)		Athletics & movement skills, including preparation for sports day (SCIS) Ball skills into Mini-games (CT)
Year 2	Dance (SCIS) Throwing and catching (CT)	Gymnastics (SCIS) Pair skills (CT)		Athletics & movement skills, including preparation for sports day (SCIS) Bat, stick, racket skills into Mini-games (CT)
Year 3	Dance & movement skills (SCIS) Net/wall games (SCIS)	Gymnastics (SCIS) Invasion games (SCIS)	Gymnastics (SCIS) Invasion games (SCIS) Swim (every other Friday)	Athletics & movement skills, including preparation for sports day (SCIS) Fielding/striking games (SCIS) Swim (every other Friday)
Year 4	Dance & movement skills (SCIS) Net/wall games (SCIS)	Gymnastics (SCIS) Invasion games (SCIS)	Gymnastics (SCIS) Invasion games (SCIS) Swim (every other Friday)	Athletics & movement skills, including preparation for sports day (SCIS) Fielding/striking games (SCIS) Swim (every other Friday)
Year 5	Dance & movement skills (SCIS) Net/wall games (SCIS) Swim (every other Friday)	Gymnastics (SCIS) Invasion games (SCIS) Swim (every other Friday)	Gymnastics (SCIS) Invasion games (SCIS)	Athletics & movement skills, including preparation for sports day (SCIS) Fielding/striking games (SCIS)
Year 6	Dance & movement skills (SCIS) Net/wall games (SCIS) Swim (every other Friday) OAA (School journey to Dorset)	Gymnastics (SCIS) Invasion games (SCIS) Swim (every other Friday)	Gymnastics (SCIS) Invasion games (SCIS)	Athletics & movement skills, including preparation for sports day (SCIS) Fielding/striking games (SCIS)

Pair skills: This is intended to be a carousel lesson of activities for pairs of children to work through together, and could include gymnastic and movement activities, throwing and catching activities, racing activities, jumping activities, striking activities etc.

Preparation for sports day: Sports Day 2017 will need planning at Winton in Spring 1, and should include athletic activities, but also a celebration of all parts of the curriculum from previous terms. It is hoped that ways will be found to include all children in at least one of dance, gymnastics, team games.

Competitions calendar for Islington

Competitions will be an important part of the Curriculum at Winton. The table below needs updating once the Islington Competition calendar for 2016-17 is available. The Islington Competition calendar may impact on the Curriculum Map above, as it is intended that the subjects being taught in PE will link with the borough competitions where possible. Where Winton are entering teams into Competitions, the teachers and coaches teaching PE will need to plan and deliver their lessons in accordance to the requirements of the competition where necessary. The PE Co-ordinator will need to ensure this is communicated when appropriate.

	Autumn 1/2	Spring 1/2	Summer 1/2
Year 3 & 4 Islington competitions (based on 2015-16 dates)		Gymnastics, Y3&4, April	Mini-Tennis, Y3&4, May
Year 5 & 6 Islington competitions (based on 2015-16 dates)		Basketball, Y5&6, April Gymnastics, Y5&6, April Tag rugby, Y5&6, Feb Hockey Y5&6, Jan	Cricket Y6, June Athletics, Y5&6, June