



## **Evaluation of PE and Sports**

**Summer 2015**

## **Achievement in PE**

Achievement in PE at Winton is currently good

- Children's participation in PE and physically demanding activities at Winton makes a strong and meaningful contribution to their everyday lives. They approach the subject with enthusiasm in the lessons themselves and in areas of the curriculum where it is of particular relevance, such as Science and Maths. They show resilience and enthusiasm in lessons.
- Their behaviour during lunch and break times consistently demonstrates an enthusiasm and enjoyment for physical exercise, where the provision of a rich and varied amount of non-competitive activities gives children the chance to put into practice such key skills as teamwork, collaboration, sharing and respect for one another.
- Sports Premium funding has been used to widen participation in a range of sporting competitions, which enables pupils to achieve across a wider range of areas in competitive sport.
- In Nursery and Reception, progress made by children in the 'Physical Development' area of the 'Early Learning Goals' is consistently good or outstanding.

### Development Points:

- Improve consistency of behaviour and engagement in non-competitive games/sports with lunchtime 'sports champion' so that it is consistently strong for all year groups.
- Ensure greater consistency in the number of pupils who bring their correct PE kit to school.

## **Quality of teaching in PE**

The quality of teaching in PE is currently good.

- Regular observations of sports coaches, who deliver KS2 PE and some KS1 PE, as well as KS1 teachers have been judged to be consistently good, with some lessons graded as outstanding. On an occasion where a lesson was judged to be 'requiring improvement', a thorough programme of support was put in place to ensure that any issues could be addressed.
- One lesson in the past academic year was graded as 'inadequate'. As a result, a specific set of targets were put in place for the coach concerned and when re-observed, it was graded to be securely good'.
- In Nursery and Reception, teaching and provision is consistently graded as outstanding.
- In KS1, an hour of PE is delivered by specialist sports coaches, and the other hour by the teachers themselves. Where possible, units of work that are being delivered by the coaches are supplemented by what is covered by teachers to ensure that children have enough time to practice and develop the key skills being taught.
- Children in KS2 have two hours of PE delivered by specialist sports coaches each week, as well as a term and a half of 30 minute swimming lessons. In Upper KS2, (where years 5 and 6 have PE at the same time) and for schemes of work where it is appropriate, children are banded by ability, irrespective of year group. Where this

occurs, the first half of a scheme of work is used by coaches to assess the proficiency of individuals, before determining which set provides the most appropriate challenge for them. Doing this allows children to develop a range of skills that is most suited to their needs and allows for a greater depth of personalisation by coaches in the sessions that they deliver.

#### Development Points:

- Audit resources and plan expenditure of sports premium funding to support the organisation of activities in such a way that more pupils are engaged more of the time (eg, by increasing number of basketball nets in Sports Hall).
- Follow up Futurezone Sports Audit recommendations around providing bespoke CPD in PE for KS1 teachers; ensuring consistency in provision for all year groups; and increasing the amount of 'active learning' time in PE.
- Review quality of provision from SCIS and consider how a more consistent approach can be achieved in order to move the quality of teaching in PE to outstanding.
- Review timetabling of PE to maximise use of facilities (such as the sports hall being used for all classes).

#### **Quality of the Curriculum in PE**

The quality of the curriculum in PE is currently good

- Outside of timetabled PE lessons, Winton offers a range of sporting clubs across the year that are well attended. Average attendance is at 95% or above and there is a healthy gender balance across the majority of sporting clubs.
- Where clubs have been dominated by one gender (such as ballet which is solely attended by girls, and tag rugby which had an 85%/15% male/female gender split), a concerted effort has been made by the school PE coordinator and use of assemblies to promote active participation irrespective of stereotypes associated with a particular sport. A direct result of this awareness amongst children means that there is a strong presence of both genders in the majority of extra-curricular clubs.
- Children's awareness of the relevance between PE and other subjects, most notably Science, is consistently strong across the school. Having a healthy lifestyle balance, how and why heart rates increase during exercise, the importance of warming up and cooling down and noting the significance of various muscle groups for particular exercises are consistent features of observed lessons and PE coordinator 'drop-ins'.
- PE related topics in both KS1 and KS2 form an important part of the Science curriculum at Winton which is judged to be consistently good, with elements of some outstanding practice in Year 1.
- Children at Winton take part in a range of borough wide and inter school competitions including: football, tag rugby, netball, cross country, athletics, mini tennis and basketball. Where possible, out of hours clubs are arranged so they culminate in a competitive fixture or tournament.

#### Development Points

- Ensure more clearly planned approaches to preparing for external competitions in order to increase chances of success in key targeted competitions.

- Increase participation of girls in after school sporting clubs and activities (see analysis below).

## **Leadership**

- Leadership at Winton in PE is currently good.
- Sports Premium funding has been used to create leadership capacity, including the appointment of a PE coordinator and involvement in Futurezone, which included a full external audit.
- The PE coordinator plays an effective role in promoting the subject around the school and is committed to continually improve its provision.
- The school was subject to an external audit of its provision in the last year, through the Futurezone Network, and was done so in conjunction with a number of other schools in the borough. It's key findings included that the amount of 'Active Learning Time' amongst children within lessons needed to be increased, that teachers in KS1 might prepare for lessons together to maximise time available for preparation and that 'banding' as a means of differentiation within lessons could be utilised in KS2. These findings were presented to all staff and sports coaches at the beginning of Autumn term, with improvements in these areas being observed as the academic year has progressed.
- Also as a member of 'Futurezone', the school is part of a network of PE coordinators from twelve schools across Islington meet on a half termly basis to discuss and share examples of good practice.
- Good sporting links exist within the local community. This has resulted in external sporting fixtures being arranged on a termly basis with an independent school at Coram's fields, and two year groups visiting a local secondary school where GCSE students taught a unit of dance skills.

## Appendix 1: Sporting Competitions Entered

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### October

Wednesday 15<sup>th</sup>

Gifted & Talented Day (Year 5&6), Sobell Centre, 9.30am-12.30pm

### November

Wednesday 26<sup>th</sup>

Hi5 Netball (Yr5/6), EGA School, 9am-12pm

### January

Wednesday 14<sup>th</sup>

Sport Hall Athletics (Yr5/6), Sobell Centre, 9.30-2.30pm

Friday 23<sup>rd</sup>

Cross Country (Yr. 4, 5 & 6), Finsbury Park, 9.30-12pm

### February

Friday 13<sup>th</sup>

Tag Rugby (Yr5/6), Whittington Park, 9.30-1pm

### April

Wednesday 22<sup>nd</sup>

Basketball (Yr5/6) 3v3, Sobell Centre, 9.30am-1pm

### May

Wednesday 20<sup>th</sup>

Mini Tennis (Yr. 3/4), Islington Tennis Centre, 10am-3pm

### June

Wednesday 3<sup>rd</sup>

QuadKids - Athletics (Yr5/6), Highbury Grove School, 2.30-5.30pm

Wednesday 24<sup>th</sup>

Primary Track & Field (Yr5/6), Finsbury Park, 9.30am-3pm

### July

Monday 6<sup>th</sup>

Rounders (Yr5/6), Paradise Park, 12.30-3.00pm

## Appendix 2: After School Clubs

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*Analysis from Autumn and Spring Term 2014-15*

### **Sporting Clubs**

Sporting clubs run before, during (lunchtimes) and after school and take place once per week. Two of the clubs (Football and Multi Skills) are run by SCIS sports coaches on a Wednesday as part of their provision for PE across the school. Additional clubs include Tag Rugby and Basketball.

Of the 88 children in years 1-6 that are involved in some form of the club at the school, 46 of them do so in a sporting club (with 11 of them also involved in an academic club). Of these children:

- 25%** are female and **75%** are male;
- 72%** have English as an additional language;
- 61%** are eligible for free school meals;
- 31%** have some form of special educational need.

**N.B** Of the sporting clubs that are run by SCIS, (football and multi skills) there are currently no girls involved.

A key action point for the following academic year will be to increase participation of girls in after school clubs.